



The Constitution says that I have a right to dignity and access to health care services.

## I SHOULD:

- ✓ book early to attend a maternity clinic to check whether my baby and I are healthy.
- ✓ ask to be counselled for an HIV TEST. Nurses usually check for Syphilis and blood groups, not HIV.
- ✓ be tested for HIV. My baby can be infected. Knowing my HIV status means I can try and protect my baby and my own health.
- ✓ choose to ask my partner to come for HIV counselling and testing.

## SHOULD I TEST POSITIVE FOR HIV, I MUST INSIST ON INFORMATION ABOUT ALL MY OPTIONS:

- ✓ AZT/ NEVIRAPINE – it can save my baby from HIV.
- ✓ formula milk, if I choose not to breastfeed. Breastfeeding could put my baby at risk of being infected with HIV after birth.
- ✓ proper follow up, monitoring and treatment by a doctor at all times.

**I HAVE THE RIGHT TO SUPPORT FOR ANY DECISION I MAKE REGARDING MY PREGNANCY.**

**WHETHER I TEST NEGATIVE OR POSITIVE, I HAVE THE RIGHT TO INSIST ON USING CONDOMS AND SAFER SEX AT ALL TIMES WHEN HAVING SEXUAL INTERCOURSE.**

**TAC**  
TREATMENT ACTION CAMPAIGN

For more information contact your local doctor/nurse, or call the Treatment Action Campaign (TAC) offices

JHB: PO Box 31104, Braamfontein 2017  
Tel: 011-403 7021 Fax: 011-403 2106

DURBAN: 717 Colonial Building, 330 West Street (off Mark's Lane), Durban 4001 Tel/fax: 031-304 3673

CAPETOWN: Town One Properties, Sulami Drive, Site B, Khayelitsha Tel: 021-364 5489 Fax: 021-3617051

Email: [info@tac.org.za](mailto:info@tac.org.za)

Website: <http://www.tac.org.za/>